

WEEK 1

05/09, 26/09, 17/10, 14/11,
05/12

MONDAY

Chicken Meatballs with Mash & Creamy Gravy
Or
Quorn Swedish Meatballs with Mash & Creamy Gravy (V)
Or
Jacket Potato with Choice of Filling
Sweetcorn, Shredded Carrots
Chocolate Custard with Pears (V)

TUESDAY

Mild Sweet Chicken Curry with Steamed Rice (WG)
Or
Mac & Cheese (V)
Or
Jacket Potato with Choice of Filling
Cauliflower, Green Beans

WEDNESDAY

Jammy Dodger Flapjack (Ve) (WG)
Roast Chicken with Roast Potatoes & Gravy
Or
Quorn Fillet with Roast Potatoes & Gravy (V)
Or
Jacket Potato with Choice of Filling
Sliced Carrots, Garden Peas
Strawberry Jelly & Pears (Ve)

THURSDAY

Pasta with Bolognese Sauce (WG)
Or
French Bread Margherita Pizza (V)
Or
Jacket Potato with Choice of Filling
Cucumber Sticks, Tomato Wedges

FRIDAY

Apple Crumble (Ve) with Custard (V)
MSC Fish Fingers with Chips & Tomato Sauce
Or
Quorn Fishless Fingers with Chips & Tomato Sauce (V)
Or
Jacket Potato with Choice of Filling
Baked Beans, Garden Peas
Chocolate Shortbread (Ve)

V - Vegetarian Ve - Vegan Wg - wholegrain



WEEK 2

12/09, 03/10, 31/10, 21/11, 12/12,

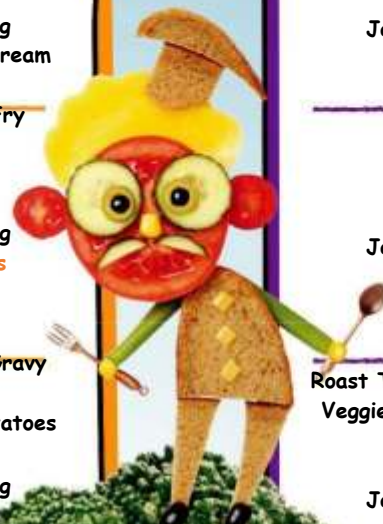
Pork Sausages with Mash & Gravy
Or
Veggie Sausage with Mash & Gravy (Ve)
Or
Jacket Potato with Choice of Filling
Garden Peas, Carrot Batons Custard Cream
Sponge (V)
Rainbow Vegetable & Chicken Stir-Fry
Or
Raviolini with Tomato Sauce (Ve)
Or
Jacket Potato with Choice of Filling
Sweetcorn & Peppers, Garden Peas

St Clement's Shortbread (Ve)
Roast Beef with Roast Potatoes and Gravy
Or
Tomato & Cheddar Plait with Roast Potatoes (V) Or
Jacket Potato with Choice of Filling
Cauliflower, Sliced Carrot
Strawberry Jelly & Peaches (Ve)

Chicken & Sweetcorn Pasta Bake (WG)
Or
Rainbow Vegetable Stir-Fry (Ve)
Or
Jacket Potato with Choice of Filling **Broccoli Florets, Sweetcorn**

Apple & Pear Crumble (Ve) with Custard (V)
Battered Fish with Chips & Tomato Sauce
Or
Veggie Meatball Sub with Chips (V)
Or
Jacket Potato with Choice of Filling
Baked Beans, Garden Peas

Chocolate & Beetroot Brownie (V)



WEEK 3

19/09, 10/10, 07/11, 28/11,

Chicken & Sweetcorn Pie Topped with Cheesy Mash
Or
Shepherdess Pie (Ve)
Or
Jacket Potato with Choice of Filling
Garden Peas, Sweetcorn
Toffee Frozen Yoghurt (V)

Texan One Pot Beef Chilli (WG)
Or
Cauli Mac & Cheese (V)
Or
Jacket Potato with Choice of Filling
Super Greens

Apricot Flapjack (Ve)
Roast Turkey with Roast Potatoes & Gravy Or
Veggie Sausage Toad in the Hole with Roast Potatoes & Gravy (V)
Or
Jacket Potato with Choice of Filling
Garden Peas, Sliced Carrots
Strawberry Jelly & Fruit Cocktail (Ve)

Arabiatta Chicken Meatballs with Pasta (WG)
Or
French Bread Margherita Pizza with Coleslaw
Or
Jacket Potato with Choice of Filling
Cucumber Sticks, Tomato Wedges

Jumbleberry Crumble (Ve) with Custard (V)
Fish Dog with Chips & Tomato Sauce
Or
Quorn Hotdog with Chips & Tomato Sauce (V) Or
Jacket Potato with Choice of Filling
Baked Beans, Garden Peas

Chocolate Oaty Square (Ve) (WG)



Smile food that makes you happy

(V) Suitable for Vegetarians

SERVED DAILY - FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.