Oak Hill Academy
West London
an Aspirations Academy

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Dear Parents and Carers,

We are pleased to invite you to take part in a series of Parent Forums and Parent Workshops taking place over the Summer Term. These sessions are designed to strengthen partnership working between home and school, provide practical support for families, and create opportunities for open discussion around key priorities for our children.

Parent Forums

Our Parent Forums are opportunities for parents and carers to share views, ask questions and contribute to whole-school discussions.

1. **Supporting your Children with Transitions: Wednesday 10th June at 9:00am in the school library.** This forum will focus on supporting children through times of transition, whether moving between year groups, preparing for secondary school, or managing changes in routine. We will discuss practical ways school and home can work together to reduce anxiety, build confidence and support emotional wellbeing during periods of change. **Parent Voice:** What are your child's biggest worries around transition and how can school best support them?

2. **Relationships and Sex Education (RSE) Framework Consultation: Wednesday 8th July at 9:00 am in the school library.** This forum will provide an opportunity for parents and carers to learn about the proposed updated Relationships and Sex Education (RSE) framework and to share their views as part of the consultation process. We will outline the key themes and content of the framework, explain how RSE is delivered in school in an age-appropriate way, and gather parent feedback to help inform our approach moving forward. **Parent Voice:** What are your thoughts on the proposed RSE framework, and are there any areas you would like further clarification or discussion around?

Parent Workshops

Our Parent Workshops are practical, supportive sessions aimed at providing strategies that can be used at home.

1. ***Supporting Children with Anxiety and Worries:*** **Tuesday 16th June at 9:30am in the school library.**
This workshop will focus on practical ways to support children who may experience worries or anxiety. We will explore strategies for building confidence, managing uncertainty, supporting emotional wellbeing and creating calm, supportive routines at home. Parents and carers will leave with practical approaches that can be used to help children feel safe, secure and more confident in managing everyday challenges.

2. ***Supporting Independence and Organisation at Home:*** **Thursday 9th July at 9:00am in the school library.**
This practical workshop will focus on strategies to help children become more independent at home and in their learning. We will explore routines, organisation, managing homework expectations, developing resilience and encouraging children to take increasing responsibility for themselves in age-appropriate ways. Parents and carers will leave with practical ideas to help build confidence and independence at home.

Further details, including dates and how to sign up, will be shared shortly. We strongly encourage parents and carers to attend where possible, as your views and involvement are extremely valuable to us.

We look forward to working in partnership with you to support our children's learning, wellbeing and development.

Kind regards,

Megan Cronin

Assistant Principal for Inclusion & SENDCo